



Hike 'n Lunch

Haw Ridge Park, Oak Ridge – West Shore and Lake Road Loops

Thursday, August 1, 2024

Depart Poplar Springs Boat Ramp promptly @ 8.30 AM,
please arrive 10 minutes before departure time @ 8:20 AM

Rating: MODERATE, dirt and rock trails, moderate elevation changes
Distance: 2.25 miles total (approximate) Elevation gain: 135 ft.

Brief Description of the Hike: Haw Ridge is a 780 acre park known for it's mountain biking and hiking trails. We will follow the Lake Road and West Shore

Loops for approximately 2.25 miles. These trails are very rocky with many roots and some moderate hills. The trail is heavily shaded. Footing can be tricky so please remember to wear hiking shoes/boots and bring your hiking sticks.

Drive time is approximately 35-45 minutes dependent on morning traffic. Parking is ample in the Haw Ridge Parking area. There is only a single porta potty on-site, please consider stopping at a nearby restroom on the way if desired.

Directions to Haw Ridge Park

Note: If you are using Google Maps, input "Haw Ridge Parking, Oak Ridge, TN".

Take the parkway north to US-321S (north) towards Lenoir City. Continue on US321 for 4 miles to I-75N. Follow I-75N toward Knoxville for 11 miles to Exit 376 toward Oak Ridge (TN162N/I140). Continue for 6 miles. Take the TN62W exit and continue for 1.3 miles. Exit onto TN170E (Edgemoor Rd). The parking lot is the second parking area on the right. You will see the trailhead sign and and porta potty at this location.

After the Hike: Proceed to "Woody's Bar and Grill" (114 Union Valley Rd., Oak Ridge) for lunch. This is a very casual restaurant we hope everyone will enjoy. Should be a fun time for all. Directions: When leaving Haw Ridge Park, proceed south (exit to the left) on 170W (Edgemoor Rd) for 1.2 miles. Take a right onto TN62W towards Oak Ridge. Continue for 1.8 miles to Union Valley Road (Weigel's is on the corner). Turn left onto Union Valley Road. Restaurant is immediately on the left.

(Important note: In the case of inclement weather, we will suggest that the group should plan to come to Woody's for a very enjoyable group lunch at 11:00 AM.)

Attendees are responsible for their own meals and drinks

Maximum number of attendees: 30

Last day to register or cancel is: July 26, 2024

Event coordinators are: Don and Lisa Worner (phone: 319—269-4839)

ONCE REGISTRATIONS ARE FILLED, TO BE ADDED TO THE WAITLIST CONTACT: Lisa Worner (email: dlworner@msn.com)

Note: Out of respect for others and to avoid potential tripping hazards we ask you to please leave all pets at home.

Be Engaged. Be Informed. Be Heard.



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